

RACE RULES



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1. STRUCTURE, APPLICABILITY AND INTERPRETATION OF THE RULES: CERTAIN DEFINED TERMS

1.1 Completeness; Later Updates.

The Rules are intended to be definitive and complete. Unless the Rules specifically and expressly incorporate any rules or regulations from an external source, such external rules and regulations are not applicable to the Races. The Rules may, however, be updated and amended from time to time. The version of the Rules in force on the start date of a Race in any year will remain applicable to that staging of such Race in such year.

1.2 Non-Compliance.

Failure to comply with any of the Rules will result in a penalty, which could include a rider's disqualification in certain circumstances. The penalties will be in the discretion of the Race Jury.

1.3 Interpretation of Rules; Finality.

The interpretation of any Rule (including evaluation of any protest, or any other matter related to the Rules; or any other matter related to participation in the Race, whether or not such matter is addressed by the Rules) will be made by the Race Jury and will be final and binding on all Race participants.

1.4 Decisions.

The Race Jury is appointed by the Organisers. The Race is NOT UCI registered, the appointment of the Race Jury is at the sole discretion of the Organisers.

1.5 Language.

If the Rules are translated into any language other than English, the English language version of the Rules will govern and control in the event of any conflict with the translated version.

1.6 Section Headings.

The section, subsection, paragraph, and item headings, subheadings, and captions shown in the Rules are for convenience of reference only and will not affect or be utilised in construing or interpreting any word, phrase, provision, or section in, or all or any portion of, any Rule or set of Rules.

1.7 Certain Defined Terms.

For purposes of the Rules, the following capitalized terms are defined as follows:

- "Rocky Rider" means members of a team who have failed to complete any stage within the Maximum Stage Time, but are allowed to continue the Race out of any category. (Challenge category, no Chrono)
- "DNF" means status of "did not finish the applicable stage."
- "DNS" means the status of "did not start the applicable stage." A rider whose status is DNS by definition also has DNF status.
- "Maximum Stage Time" means the maximum amount of time allowed (as determined by the Organisers from time to time) to officially complete any stage of the Race.
- "Organisers" means the Race/event organisers.
- "Physical Assistance" means the sharing of water and nutrition, sharing of bike parts and accessories (including the swapping of bike frames), assistance with maintenance and repair, and pushing/towing by physical contact only (but excluding any pushing/towing using any mechanical or physical devices).

- “Race Director” means the primary supervisory Race-operations staff member employed or contracted by the Organisers.
- “Rider Separation Limit” means the maximum allowable time separation between team members at any time during the Race, namely two (1) minutes.
- “Separated Rider” means any rider who, at any time during the Race, has been separated from his/her team member in excess of the Rider Separation Limit.

2. GENERAL RULES – APPLICABLE TO ALL RIDERS

2.1 Riders; Registration; Briefing

2.1.1 Eligibility.

The minimum age of participation is regulated by each Race is: 19 years as of 1 October of the year in which the Race takes place.

2.2 Registration.

2.2.1 Riders must report to registration as a team of 2.

2.2.2 All riders must have registered by the registration cut-off time indicated on the Race website on the day preceding the first stage of the Race (or prologue, if applicable).

2.2.3 No category changes will be permitted after Race registration closes.

2.2.4 Race registration takes place at the venue (Karam Palace, Ouarzazate) on Sunday 2nd of October from 10h till 12.

2.3 Team Categories.

2.3.1 Each Race has the following four (4) riding categories for teams: men, master and grand master men, mixed, However, any one or more of the Races may feature additional riding categories and special jerseys.

2.3.2 To start in (a) the category men, both riders must be male. To start in the master category, both riders must be 40 years or older and (b) the grandmasters category, both riders must be 50 years or older, respectively, on 1 October of the year in which the Race takes place.

2.4 Briefing.

It is each rider’s responsibility to know the content of all Race briefings (including without limitation all nightly Race briefings). Non-attendance at any Race briefing, for any reason, will not excuse any ignorance of the contents of the briefing.

3 MEDICAL

3.1 Responsibility.

Each rider must ensure that he/she is in good health and well-trained for the Race.

3.2 MEDICAL CERTIFICATE

Riders will only have their entries confirmed after the race organizers receive a signed RocDumaroc medical certificate from a medical doctor verifying the rider's health status to compete in an endurance race of this nature. (or a national cycling licence with a recent medical report)

Cyclists must sign the Liability Agreement, available online or at the time of registration, taking responsibility for their participation.

3.3 Medical Removal.

The Organisers reserves the right to prevent a rider from starting or continuing the Race on receipt of medical advice from an official Race medic or any other medical doctor recognised by the Organisers. The decision of the Organisers in this regard is final.

3.4 The organization will provide a fixed medical center, in the arena, and mobile for medical assistance to cyclists throughout the event.

4. BICYCLES

4.1 Responsibility.

Each rider is responsible for the maintenance/repairs of his/her own bike during the Race.

No assistance is allowed except at the different checkpoints or in the bivouac.

4.2 Race-Ready.

4.2.1 Only Riders whose mountain bikes are, in the opinion of the Race Jury, in good working order and race-ready at the start of each stage will be allowed to start that stage.

4.2.2 For purposes of Rule 4.2.1., "race-ready" means the following:

- The front number board is securely fitted and visible from the front
- the frame marking is displayed as per instructions received at registration
- the bike is in safe working order, as determined in the discretion of the Race Jury;
- handlebar ends and handlebar extensions must be plugged and must not have sharp or jagged edges. The use of tri-bars or bladed wheels is not allowed.

4.3 Propelling.

Bikes may be propelled only through a chain set and only by the rider's leg action, without any form of assistance (electrical or otherwise)

5. HELMETS AND ATTIRE

5.1 Helmet Requirement: Each rider must wear a helmet at all times while riding during the Race.

5.2 Proper Attire: Appropriate riding attire, including a shirt, must be worn at all times.

5.3 Both team members must ride preferably in identical cycling jerseys at all times. (not obligated)

6 TEAM RIDING

6.1 Teams of Two.

Teams must consist of exactly two riders, who must race together (subject to the Rider Separation Limit) for the entire distance of the Race.

6.2 Separation Limit Enforcement.

6.2.1 Compliance with the Rider Separation Limit may be checked and enforced at the start and finish of each stage and at various designated check points during the stage, but may also be checked and enforced at any point during the Race.

6.2.2 Compliance with the Rider Separation Limit may be checked and enforced more than once during any stage, and penalties may be applied to each occurrence of rider separation outside the Rider Separation Limit during a stage. In other words, riders can be subject to more than one Rider Separation Limit violation during the same stage

6.2.3 The Rider Separation Limit will not apply if one rider on the team continues ahead, or doubles back, solely for the purpose of requesting or obtaining assistance (medical or technical), provided that during such time the other rider on such team does not advance his/her position on the course until the assistance-seeking rider returns to the waiting rider's position.

6.3 Doubling Back.

A rider is allowed to "double back" on the route at any time in order to re-join his/her team member or for the purpose of requesting or obtaining assistance (medical or technical), provided that he/she does not endanger any other rider in doing so.

7 RIDER IDENTIFICATION

7.1 Displaying Race Numbers.

7.1.1 Both riders in a team must display their race numbers at all times.

7.1.2 The front race number board must remain firmly fixed on the handlebar, and may not be obscured by cables or any other item.

7.1.3 Race numbers may not be modified or mutilated in any way, including without limitation cutting, adding stickers, or removing existing stickers or trimming.

7.1.4 No official sponsor logos may be removed from race numbers and/or be obscured in any way.

7.2 Presence at Ceremonies.

During the award ceremony of each stage will be called to the podium the first three finishers of the stage, in the following categories: GRANDMASTER, MASTER, MEN AND MIXED.

During the award ceremony, the leaders of the categories will be called to the stage: GRANDMASTER, MASTER, MEN AND MIXED. for the LEADER JERSEY award ceremony.

Leaders of each category must be present during the finish line ceremony (if applicable), and the award ceremony during dinner.

8 TIME TRIAL/PROLOGUE

8.1 Applicability.

The Race may feature a prologue, and one or more of the stages of the Race may take the form of a time trial. The provisions of this Rule 8 will apply to the Race in any such year in which the Race includes a prologue and/or time trial. Unless otherwise set out in the Rules, each Rule that applies to any "stage" of the Race will apply equally to a time trial/prologue.

8.2 Participation.

Participation in the time trial/prologue is compulsory for all teams.

8.3 Results Count.

A team's time in the time trial/prologue will not count towards the team's overall time and overall ranking.

8.4 Start Times.

8.4.1 Each team or every participant will receive a pre-allocated start time or a time for a group start for the time trial/prologue. It is each rider's responsibility to know his/her start time. In case of a prologue, the start times will be advertised via the Race website. In case of a time trial after stage 1, the start times will in addition be published at the Race office together with the posting of the previous stage's final results.

8.4.2 Riders must report at the entrance to the start chute at least 10 minutes before the allocated start time for the time trial/prologue.

8.4.3 If a team misses its time trial/prologue start time, it will be allowed to start at the discretion of the Race Jury but the team's time for the time trial/prologue will be measured from the team's originally allocated start time.

9 STAGE STARTS

9.1 Chute Opening Time.

The start chute opens 15 minutes before the start of each stage, unless communicated otherwise.

9.2 Start Zones; Staggered Starts.

9.2.1 Differential start zones will be allocated, if necessary, according to overall ranking in the Race and the Organisers may allocate different (i.e., "staggered") start times for each start zone. Any reference to start times in the Rules will be to the start time applicable to the particular rider's start zone.

9.2.2 Riders must enter the start zone as a team with their bikes, and once entered must remain in the start zone with their bikes.

10 ROUTE AND STAGES : FINISHING

10.1 Completing Routes.

10.1.1 Riders must complete the full, final designated route and distance of all stages, including the time trial and/or prologue.

10.1.2 Only riders who complete each of the stages within the Maximum Stage Time will qualify as official Race finishers.

10.1.3 A rider must at all times follow the official route, obey the directions of the course marshals, and may not take any shortcuts or take any other advantage of a similar nature against other riders.

10.1.4 The responsibility for following the official route lies with each rider.

10.2 Route/Distance Variances.

The actual Race route or distance may vary from the published or briefed distance.

10.3 Exit and Re-entry. Riders who exit the route for any reason must re-enter the course at the same point from which they exited.

10.4 Activity Outside of Route. Any walking, running, or riding by a rider outside the Race route that is carried out without the intention of promptly re-joining the Race route, or any other activity in violation of the Rules that takes place outside of the marked Race course area, is not permitted.

10.5 Finishing on Foot. Riders may cross any stage's finish line on foot provided that they have their bike with them when doing so.

11. EXTRA EQUIPMENT

11.1 Audio.

The use of earphones/ear buds or two-way radios (i.e., 'walkie-talkies') is not allowed during the Race.

11.2 Cameras. Cameras (which includes video cameras) may be mounted on the rider's bike, or on the rider (including the rider's helmet or chest). Cameras mounted on the rider's bike must be positioned in a safe location

11.3 Other Equipment. The Race Jury may at any time prohibit any other item of equipment (other than essential cycling equipment) in its discretion and riders shall at all times comply with any such prohibition.

11.4 Inspection. The Race Jury reserves the right to inspect, at any time, any rider's bike, apparel, gear, equipment, components, and accessories used in the Race, in order to determine compliance with the Rules.

12 RACE TIMING / LATE STARTS

12.1 Transponders. Each rider must wear his/her transponder at all times during the Race. No rider may carry more than one (1) transponder at any time, and no rider may pass his/her transponder on to anyone else at any time.

12.2 Advertised/Recorded Times. Only team times will be advertised, but individual rider times will be recorded for purposes of determining compliance with the Rider Separation Limit.

12.3 Timing Start. Timing will start at the applicable start time each Race day. The start line will remain open for 15 minutes after the start time.

12.4 Late Starts.

12.4.1 Any rider who cannot make his/her start time must report to the Race Jury at the start line within 15 minutes after the start time to request approval for a late start.

12.4.2 No rider is allowed to start late without approval. If no approval for a late start is given, the rider will be considered a DNS, and therefore as a DNF for that stage.

12.5 Non-Starting. Any rider who does not start a stage at all will automatically be deemed a DNF for that stage.

12.6 Team Finish Time. The team time is the time at which the second team member passes the stage finish line.

12.7 Effect of Time Penalties. All time penalties under the Rules will be added to the rider's time for the stage in respect of which the penalty is given.

13. MAXIMUM STAGE TIMES

13.1 General.

Maximum Stage Times are determined according to the length of each stage and the terrain to be covered, but may be adjusted at any time by the Race Director pursuant to Rule

13.2. Maximum Stage Times will be included in the Race registration pack.: The Maximum Stage Time will not be adjusted for any rider who is permitted a late start and/or who started in a start zone with a later start time than his/her own.

13.3 Formula. The Maximum Stage Time for each stage of the Race will be the greater of (a) the Maximum Stage Time advertised for such stage or (b) double the 'winning' time for such stage (i.e., the time of the first finisher team for that particular stage).

13.4 Notice of Change. Any change to the Maximum Stage Time will be communicated to riders at the stage briefing on the night before the relevant stage. If applicable, the adjusted Maximum Stage Time will be signposted at the final water point on the stage once the first finishers have crossed the stage's finish line.

13.5: The maximum stage time allowed for each stage of the race will be the greater of the maximum stage time advertised and 2x the winning time (i.e. if the winning time is more than half of the maximum stage time communicated at the race briefing, the maximum stage time allowed will automatically be adjusted to 2x the winning time). If applicable, the adjusted maximum stage time will be signposted at the final water point on the stage once the winners have crossed the finish line.

13.6 Intermediate Way Points.

13.6.1 The Race Director may, at any times, designate intermediate way points on each stage which must be reached by specific times designated by the Race Director, and may at any time impose additional Way Points and Cut-Off Times due to safety reasons.

13.6.2 Any teams that fail, or will in the sole opinion of the Race Director be unable, to reach any Way Point by the applicable Cut-Off Time will be prevented from continuing to ride, removed from the course, and classified as DNF for that stage.

13.6.3 The Race Jury has discretion to waive a Way point Time for certain riders, in special circumstances such as mechanical problems or injured/sick team members, if the Race Jury believes the team or rider will ultimately be able to reach the next way Point by the applicable next Way point Time (or, as the case may be, to reach the finish of the stage within the Maximum Stage Time).

13.7 No Extensions to Maximum Stage Times. In all cases of maintenance and repair of bicycles or other equipment, riders are required to complete the full distance of the stage and must complete the stage within the Maximum Stage Time. Time spent on maintenance and repair will thus not entitle a rider to any extension of the Maximum Stage Time.

13.8 Time Penalties Disregarded. No time penalties under the Rules will be taken into account in determining whether the rider has exceeded the Maximum Stage Time.

14 ROCKY RIDER

14.1 First Shortfall. Any rider who does not complete a stage within the Maximum Stage Time for the first time will be classified as a rocky Rider. Rocky Riders may continue the Race (i.e., they may start the following stage), but will not be classified as official Race finishers. They will still be able to win a stage.

14.2 Second Shortfall. If any Rocky Rider again fails to finish a stage within the Maximum Stage Time, he/she will not be allowed to continue the Race (i.e., he/she will not be allowed to start the next stage or any subsequent stage). He can only start in the challenge category.

14.3 Effect on the Team Member. Any rider, whose team member is a rocky Rider, will (provided that such rider has completed all stages within the Maximum Stage Times) cannot continue riding in the Race and cannot qualify as a finisher.

14.4 Rocky riders are not allowed to ride ahead of the top 10 leaders, and are forbidden to help any other team.

15 ABANDONING OR CANCELLATION OF A STAGE BY ORGANISERS

15.1 Organisers Discretion. The Organisers may abandon or cancel any stage at any time, in its sole discretion, due to safety concerns or any other reason which they consider appropriate, in which case the following Rules will apply:

15.1.1 If three teams have completed the stage prior to the time at which it is abandoned, the stage will be classified as an official stage of the Race and count towards the overall results. Otherwise, the stage will not constitute an official stage and will be disregarded for purposes of the overall results.

15.1.2 Where an abandoned stage will count towards the overall results, each rider who is on the course (and otherwise not disqualified or withdrawn) when the stage is abandoned will be allocated a projected stage-finish time estimated by the Race Jury, where such estimate is calculated taking into account the stage winner's time, and based on the rider's position in the field at the time the stage is abandoned or the last timing point or other relevant point (e.g., Cut-Off Point, official water point, etc.).

15.1.3 Riders will be classified as DNF if, before the stage is abandoned, they withdraw from the stage or do not reach any Cut-Off Point by the applicable time.

16 ROADWAYS: COMPLIANCE

16.1 Closed Roads. Some sections of the course (including some public roads) may be closed to non-Race-related traffic. Their closure must be respected by all.

16.2 Shared Roads. Riders might not always have exclusive use of certain public or private roads (or other pathways) during the Race.

16.3 Traffic Regulations. All traffic regulations must be complied with at all times during the Race.

16.4 Marshal Instructions. Riders must strictly adhere to all Race course-related instructions from Race course marshals.

17 CHECKPOINTS

17.1 Checking Separation Limit: There will be checkpoints on each stage, during which the Rider Separation Limit can be checked.

17.2 Non-Detections: Teams that are not detected when passing the checkpoints may be disqualified.

17.3 Hidden Checkpoints: The exact location of the checkpoints will not be published, and the Organisers may utilize hidden checkpoints.

18 NUTRITION AND HYDRATATION

18.1 Responsibility.

Riders retain the ultimate responsibility to carry enough water and nutrition with them during the Race.

18.2 Water Points and Use. The Organisers will provide water at official water points on the route, which water is intended for drinking purposes only. No excessive use of water for any other purpose will be permitted at official water points.

18.3 The organisers will provide nutrition at every checkpoint (Wcup energy drink (500ml/person) nuts, fruit, biscuit. If you think this might not be enough for you better bring some extra nutrition

18.4 If you wish to use your own sports drink you have to bring 6 drink bottles + extra powder. The organisation will provide a box, every evening, to put your drink bottles in. The person responsible for the next check point will take it for the next stage. 3 boxes will be provided in the restaurant every evening. (before 21h)

19 OUTSIDE SUPPORT/ DRAFTING

19.1 No Outside Assistance.

No outside assistance is permitted under any circumstances. For purposes hereof, "outside assistance" includes Physical Assistance by any person other than (a) his/her team member participating in the Race, (b) a fellow rider participating in the Race, or (c) an accredited Race staff member (provided the staff member's assistance is within the scope of his/her official duties for the Race).

19.2 Drafting.

19.2.1 Riders may draft behind team members and fellow competitors, but not behind an Outcast Rider or any person who is not a participant in the Race.

19.2.2 No other form of drafting is permitted whatsoever, including but not limited to drafting behind private vehicles, motor cycles, trucks, or official Race vehicles.

19.3 Support Vehicles. No escort or seconding vehicles are permitted on the Race route unless such vehicles are provided by the Organisers and display the relevant accreditation.

20 TECHNICAL ASSISTANCE

20.1 Neutral Support Zones. We do not offer technical assistance for riders at neutral tech support zones along the Race route. They can only ask for technical assistance in the bivouacs. (own responsibility)

20.2 Spare Parts. Riders will be required to carry cash with them in order to pay for any spare parts received. Or pay to our technicians every evening. You can also pay with drink tickets.

20.3 We do not offer technical assistance during the race unless you quit due to technical failure. We will send a vehicle to pick you up.

21 PHYSICAL ASSISTANCE

21.1 Permitted Assistance. Riders cannot receive Physical Assistance from anyone other than (a) his/her team member participating in the Race, (b) a fellow rider participating in the Race, or (c) an accredited Race staff member (provided the staff member's assistance is within the scope of his/her official duties for the Race).

21.2 Prohibited Assistance from Separated Riders. No rider may receive Physical Assistance from a Separated Rider, unless, at the time such assistance is provided, the Separated Rider is separated from his/her partner because such partner had withdrawn from the Race.

21.3 Towing/Pushing. Towing between or pushing of riders is permitted by direct hand contact (e.g., hand-to-hand or hand-to-bike), but is prohibited by means of any mechanical or physical devices (including without limitation a rope, tube, or cable).

22 WITHDRAWALS

22.1 Duty to Immediately Inform. Teams or riders that cannot continue the Race for whatever reason must immediately inform the Race office. This can be done at the Race start, the finish, water points, or by calling the crisis number as specified on every Rocdumaroc bracelet.

22.2 Cost of Search and Rescue. If any rider or team fails to inform the Race office of his/her/its withdrawal, and if a search and rescue operation is initiated for such rider or team, such rider or team (as the case may be) will be responsible for the cost of such search and rescue.

22.3 Remaining Team Member. If either member of a team is incapable of continuing the Race, his/her team member will be entitled to continue riding in the " challenge" category.

23 CODE OF CONDUCT

23.1 Sportsmanship: All riders must display good sportsmanship at all times, and must not use offensive or abusive language during the Race, act in an unsporting manner, or be disrespectful to anyone, including without limitation the members of the Race Jury, other riders, Race staff members or services providers (e.g., course marshals, medics, water-point staff, etc.), or spectators.

23.2 Littering, Detouring: Riders must respect the environment at all times, and no littering or damage to the environment will be tolerated. In particular, but without limiting the generality of this Rule, the following actions are specifically prohibited: throwing away of water bottles, packaging, or bike spares along the Race route; deviating from the Race route.

24 PROTESTS

24.1 Formal Requirements: Any protests related to the Race must be submitted to the Race office in writing on the official protest sheets provided in the Race office.

24.2 Deadline – Stage Result Protests. Stage result protests must be submitted within two (2) hours after posting of preliminary results for the relevant stage.

24.3 Deadline – Race Protests. Race protests must be submitted within two (2) hours after the rider crossing the applicable stage's finish line.

24.4 Cash Deposit. Before a protest will be considered, the protesting rider must make a cash deposit to the Race office, along with the submitted protest, in the following applicable amount: 50€ If the protest is upheld, the deposit will be refunded. If the protest is not upheld, the deposit will be forfeited and donated for trail development.

25 ANTI DOPING

25.1 Right to Test. The Organisers reserve the right to test all riders for doping (including mechanical doping) and/or the use of any illegal substances. Consenting to such testing is a condition to competing in the Race.

25.2 Disposition of Prize Money. If Race prize money is paid to a rider who is later disqualified from the official Race results due to a doping violation (or any other violation), the Organisers may be able to recover any such monies from such rider.

26. LUGAGE AND BICYCLE TRANSFER

The organiser will provide a luggage transfer from start area and finish area.

Participants must leave their luggage on the positions set out by the organisers and within the pre-set period. - The exact schedule will be given during the administration day, 1 day prior to the prologue.

All bicycles will be transported from Belgium to Morocco and back. The exact schedule will be 15 days before the start of the first stage.

27. COVID PRECAUTIONS

Each participant adheres to the proposed covid measures before, during and after the competition.

Keep your distance, disinfect your hands before eating or drinking.

Every participant has a mouth mask and disinfecting hand gel with them during every ride.

27. PENALTIES & FINES

• Starting with a bike which doesn't comply to rules	suspension
• Starting number is attached but not visible	warning
• Starting from the wrong starting block	penalty 15 min
• Dangerous/aggressive biking	warning/penalty
• Biking without helmet/taking the helmet off during the race	warning/penalty
• Deliberate obstruction of other participants	warning+penalty 15min
• Threats and insults	warning/penalty
• Failing to complete the a stage	disqual. in general classification
• Holding onto a motorised vehicle	disqualification
• Doping	disqualification
• Disobeying the traffic regulations	warning & penalty 30 min
• Disobeying the rules of the race (trail, start, control..)	time penalty 30 min
• Dropping and leaving garbage behind during the race	time penalty 30 min
• Leaders not wearing assigned leader's jerseys	time penalty 60 min
• Team members are more than 1 minutes apart	time penalty 30 min
• Not completing a stage within the MST for the first time	rocky rider/ no overall classific
• Not completing a stage within the MST for the second time	rocky rider/ to challenge cat
• Not completing a race stage due to technical or medical problems	MST + 60 min

All these sanctions are daily revisited by the race management.

The race management has the right to review sanctions / penalties in case of lack of clarity and they can adjust if necessary. The race management will always re-evaluate the seriousness of the violation and the situation in which it occurred.

